

Tournoi International de Judo de L'X

Edition 2020

Saturday, January the 25th



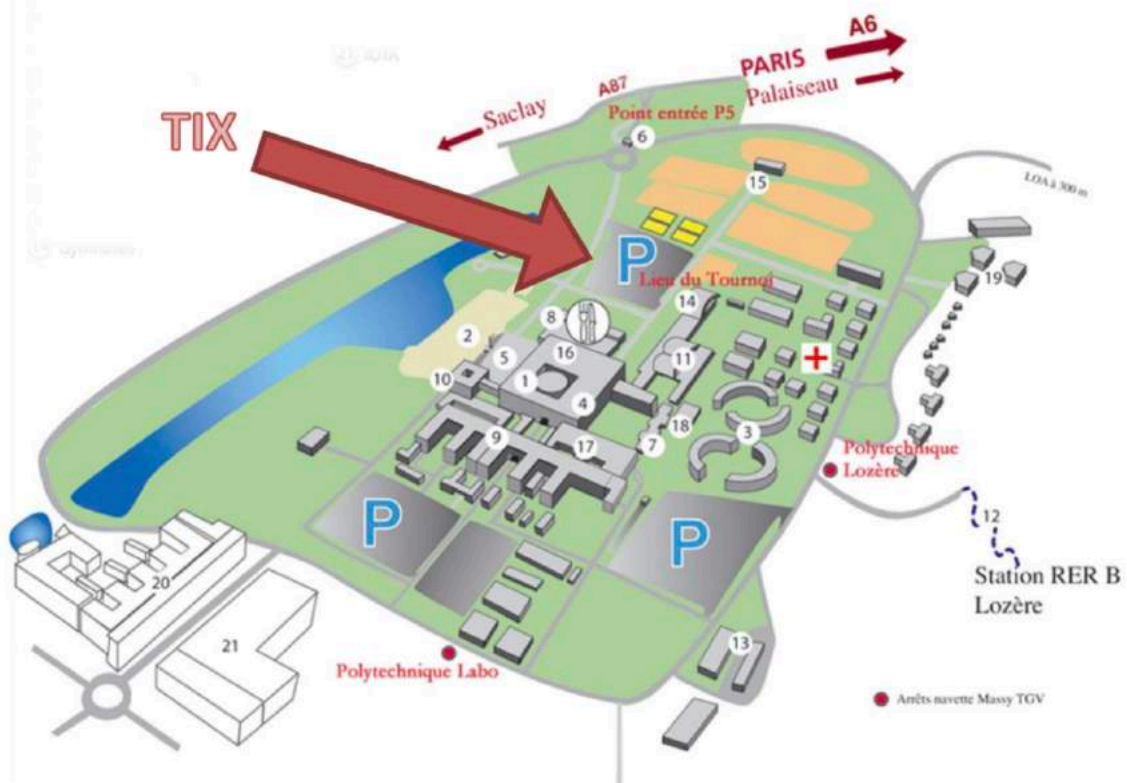
École polytechnique

Contact / Registration : benjamin.dupuis@polytechnique.edu

Organization

Tournament		Number of fighters	Total weight less than
Women	Colors (until blue belt)	3	200 kg
	Advanced (brown and black belt)	3	200 kg
Men	Beginners (white and yellow belt)	3	230 kg
	Colors	3	230 kg
	Advanced	4	315 kg

The campus



Practical details

Documents to be provided

Judo License or a university sport license and medical certificate stating no contraindication to competition judo.

Team composition

The fighters of each team will be categorized in order of weight. Incomplete teams are accepted with the added rule that average individual weight must not exceed 80kg.

Schedule

The weighing will occur in early morning, with men in underwear and women wearing a t-shirt and judogi pants.

Fights are estimated to conclude in late afternoon.

Refereeing

Official referees will be present and will apply federal rules.

Flow of the matches

The tournament will take the form of pools (max. 5 teams per pool) and then a bracket. If too few teams are present, there will only be pools.

Judokas will meet in ascending order of weight. An incomplete team will lose the first fight(s) by default. Fights undecided by the end of regular time will go into Golden Score. In case of a draw between two teams, the referees will randomly draw a number which will determine the two judokas who face off

in the deciding fight.

Fight duration

The regular time for a fight is fixed to 3 minutes (and 4 for final matches), not counting Golden Score.

Fighting areas

The new gymnasium of ENSTA (neighboring school) will have 5 fighting areas.

Changing rooms

Changing rooms as well as an area next to the tatami mats will be available.

Safety

Doctors will be present during the tournament.

Awards

The winning, second and the two third-place teams of each tournament will receive cups and each judoka belonging to one of these teams will earn a medal.

Food & drinks

A refreshment bar will be present during the tournament. The fighters will receive a packed lunch.

Public

200 places are available in the visitors' gallery.

Foreign teams

Reception

Foreign teams will be welcomed from Friday 1pm onwards on the Polytechnique campus. Convivial events will take place on Friday and Saturday evening.

Housing

Men teams (and women if they wish to) will spend the nights in collective dormitories on pull-out beds in the dojo. Double rooms lent by students will be available for women.

Food

Meals will be provided on Friday evening, throughout Saturday and on Sunday morning.

Access

From Orly Airport

Take the 91.10 bus, towards « Christ de Saclay » and stop at Lozère.

From Charles de Gaulle Airport

Take the RER B towards « Saint-Rémy-lès-Chevreuses » and stop at Lozère.

From Paris

See next page

Paris

Paris is only 30 minutes away from the school so you can visit the city of lights on Sunday

How to access Polytechnique

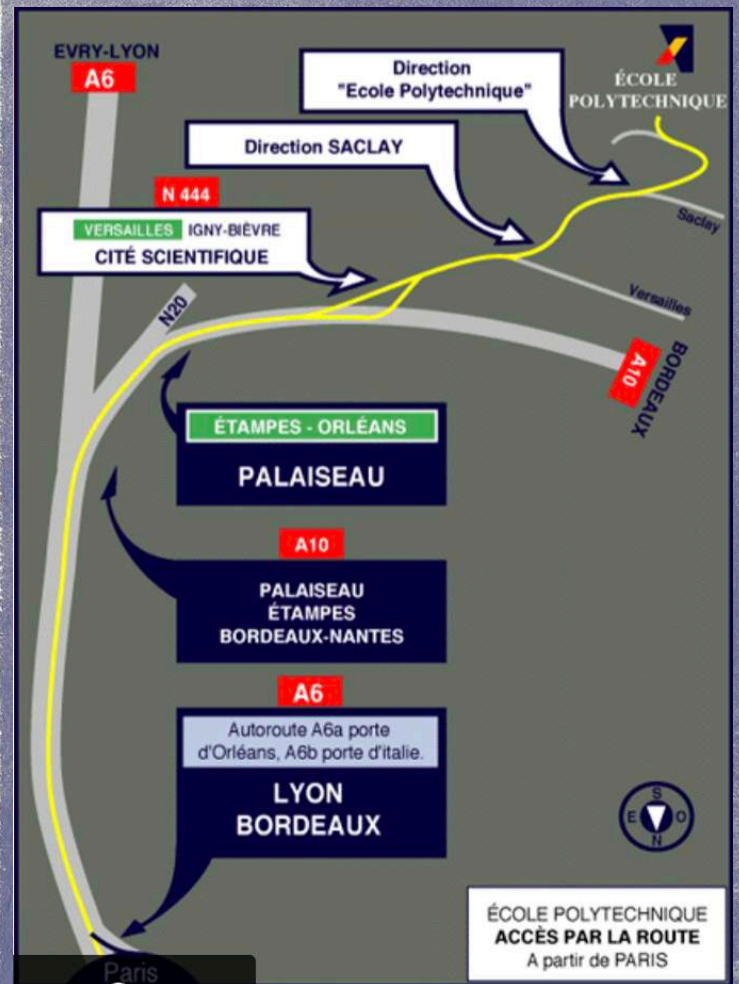
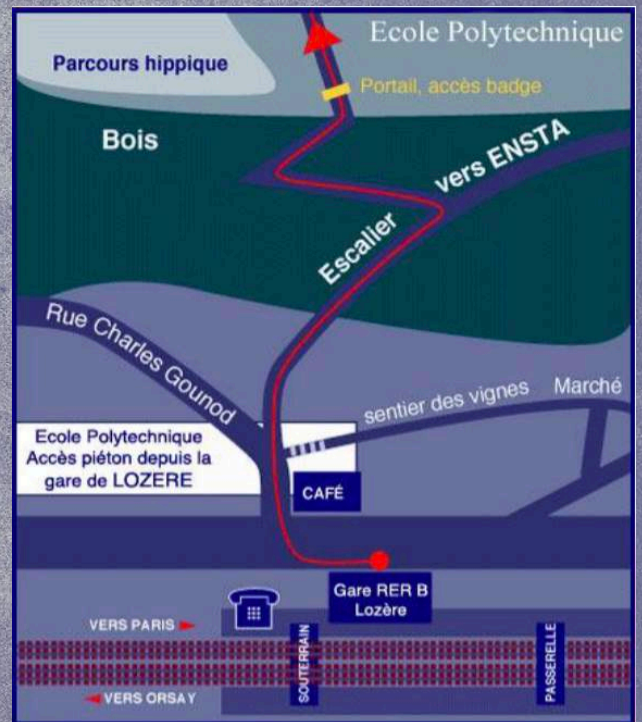
By road.

- From the Porte d'Orléans or Porte d'Italie : via the A6 highway
- From the Pont de Sèvres: via the N118 road

The entrance on the campus is located in the main doorway « P5 ».

By public transit.

- RER B: towards Saint-Rémy-lès-Chevreuse from Paris, Lozère stop (10 minutes of walking upstairs to get to the school).
- RER C: Massy-Palaiseau station, take the 9106 bus or the 9110 bus (1 every fifteen minutes) and stop at Lozère or Laboratoire Polytechnique.
- By train : TGV Massy-Palaiseau station then follow RER C instructions or Paris Nord station (« Gare du Nord ») then follow RER B instructions



Contact us

Questions ? Registrations ? Do not hesitate to send us a mail at:

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For any information or in case of delay on the d-day, do not hesitate to contact :

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Special thanks to our partners

